

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 August 2025						10:00 Chair Yoga with Annette 1 10:45 Rosary 11:30 This Day in History 1:30 Cornhole 2:00 Bridge Club 2:30 Traveling Zoo! 4:00 Social 6:00 Skee Ball with Caroline 7:00 Movie
9:00 St. Barbara's Mass 3 10:00 Catholic Mass on TV 11:00 Bloody Marys 11:00 Wii Bowling 1:00 Knitting Club 1:30 Scattergories 2:30 Bingo Fun 4:00 Social 7:00 Movie	10:00 Chair Yoga with Annette 4 11:00 Reminisce & Ice Tea 1:00 Wii Bowling 1:30 Play Password! 2:30 Word Wizard 4:00 Social 6:30 Scattergories 7:30 Movie	9:30 Walgreens 5 10:30 Chair Cardio with Ashley 11:00 Trivia Tuesday 1:00 The Shadow Radio Show 2:00 Woburn Now & Then 3:00 NY Times Spelling Bee 4:00 Social 6:00 Bucket Ball Competition 7:00 Movie	10:00 Move n Groove Exercise 6 11: 00 Coffee & Chronicle 1:00 Wii Bowling 1:30 Art Fun with Ron 1:30 Bird Watching 2:00 Knitting Club 2:30 Country Western Sing-a-long 4:00 Social 6:30 Bingo 7:30 Movie	9:30 Current News & Coffee 7 10:30 Strength Class with Ashley 11:00 Flower Arrangements 11:00 Lunch Bunch Outing 1:00 Garden Club 1:30 Seated Pool Noodle Hockey 2:00 Chair Dance Class w/Michelle 4:00 Social 6:00 Axe Throwing 7:00 Movie	10:00 Chair Yoga with Annette 8 11:00 This Day in History 1:30 Cornhole 2:00 Bridge Club 2:30 Balloon Volleyball 3:00 Smoothies on the Patio 3:45 Clyde Wheatly Performs! 6:00 Skee Ball with Caroline 7:00 Movie	10:00 Zumba 9 11:00 Coffee & News 1:30 Bingo Fun 2:30 Crafts with Caroline 2:30 Card Games 2:30 Movie Matinee 4:00 Social 7:00 Movie
9:00 St. Barbara's Mass 10 10:00 Catholic Mass on TV 11:00 Bloody Marys 11:00 Wii Bowling 1:00 Knitting Club 1:30 Scattergories 2:30 Bingo Fun 4:00 Social 7:00 Movie	10:00 Chair Yoga with Annette 11 11:00 Letters From Afar 1:00 Wii Bowling 1:15 Word Wizard 2:00 Children's Music Group 3:00 Jewelry & Clothing Sale 3:15 Word Wizard 4:00 Social 6:30 Scattergories 7:30 Movie	9:30 Market Basket 12 10:30 Chair Cardio with Ashley 11:00 Laughter is the Best Medicine 1:00 The Shadow Radio Show 2:00 Wheel of Fortune 3:00 Jeopardy 4:00 Social 6:00 Bucket Ball Competition 7:00 Movie	10:00 Move n Groove Exercise 13 11: 00 Coffee & Chronicle 1:00 Wii Bowling 1:30 Art Fun with Ron 1:30 Bird Watching 2:30 Ladies Tea & Treats 2:30 Men's Club 4:00 Social 6:30 Bingo 7:30 Movie	9:30 Current News & Coffee 14 10:30 Strength Class with Ashley 11:00 Flower Arrangements 11:00 Men's Club Lunch Outing 1:00 Garden Club 1:30 Meditation & Reiki 2:30 Play Password! 4:00 Social 6:00 Axe Throwing 7:00 Movie	10:00 Chair Yoga with Annette 15 10:45 Shabbat Service 11:00 This Day in History 1:30 Cornhole 2:00 Bridge Club 2:30 Balloon Volleyball 3:00 Cooking with Caroline 4:00 Social 6:00 Skee Ball with Caroline 7:00 Movie	10:00 Zumba 16 11:00 Coffee & News 1:30 Bingo Fun 2:30 Crafts with Caroline 2:30 Card Games 2:30 Movie Matinee 4:00 Social 7:00 Movie
9:00 St. Barbara's Mass 17 10:00 Catholic Mass on TV 11:00 Bloody Marys 11:00 Wii Bowling 1:00 Knitting Club 1:30 Scattergories 2:30 Bingo Fun 4:00 Social 7:00 Movie	10:00 Chair Yoga with Annette 18 11:00 Reminisce & Ice Tea 1:00 Wii Bowling 1:30 Knife Edge on Mt. Katahdin 2:30 The Rose Letters Reading 4:00 Social 6:30 Scattergories 7:30 Movie	9:30 Trader Joe's 19 10:30 Chair Cardio with Ashley 11:00 Communion 1:00 The Shadow Radio Show 2:00 Around the World Lecture 3:00 Untold Stories 4:00 Social 6:00 Bucket Ball Competition 7:00 Movie	10:00 Move n Groove Exercise 20 11: 00 Coffee & Chronicle 1:00 Wii Bowling 1:15 Art Fun with Ron 1:15 Bird Watching 2:00 Food Service Meeting 2:30 Sing-a-long 4:00 Social 6:30 Bingo 7:30 Movie	9:30 Current News & Coffee 21 10:30 Strength Class with Ashley 11:00 Flower Arrangements 1:00 Skee Ball 2:00 Chair Dance Class w/Michelle 2:30 Jeopardy 4:00 Social 6:00 Axe Throwing 7:00 Movie	10:00 Chair Yoga with Annette 22 11:00 This Day in History 1:30 Cornhole 2:00 Bridge Club 2:30 Huck-It Bucket Frisbee Game 3:00 Smoothies on the Patio 3:45 William Spaulding Entertains! 6:00 Skee Ball with Caroline 7:00 Movie	10:00 Zumba 23 11:00 Coffee & News 1:30 Bingo Fun 2:30 Crafts with Caroline 2:30 Card Games 2:30 Movie Matinee 4:00 Social 7:00 Movie
9:00 St. Barbara's Mass 24 10:00 Catholic Mass on TV 11:00 Bloody Marys 11:00 Wii Bowling 1:00 Knitting Club 1:30 Scattergories 2:30 Bingo Fun 4:00 Social 7:00 Movie	10:00 Chair Yoga with Annette 25 11:00 Book Club 11:00 Blood Pressure Clinic 1:00 Wii Bowling 1:30 Axe Throwing with Ron! 1:30 Ice Cream Outing 2:30 Word Wizard 4:00 Social 6:30 Scattergories 7:30 Movie	9:30 Ocean State Job Lot 26 10:30 Chair Cardio with Ashley 11:00 Trivia Tuesday 1:00 The Shadow Radio Show 2:00 Trivia & Tunes with Vin 3:00 Jeopardy 4:00 Social 6:00 Bucket Ball Competition 7:00 Movie	10:00 Move n Groove Exercise 27 11: 00 Coffee & Chronicle 1:00 Wii Bowling 1:30 Art Fun with Ron 1:30 Bird Watching 2:30 Sing-a-long 4:00 Monthly Birthday Social 6:30 Bingo 7:30 Movie	9:30 Current News & Coffee 28 9:30 Girl Scout Museum 10:30 Strength Class with Ashley 11:00 Flower Arrangements 1:00 Garden Club 1:30 What is It Presentation 2:30 Where Ya Going? 3:30 Activities Meeting 4:00 Social 6:00 Axe Throwing	10:00 Chair Yoga with Annette 29 11:00 This Day in History 1:30 Cornhole 2:00 Bridge Club 2:30 Balloon Volleyball 3:30 All Residents Meeting 4:00 P.E. James Entertains 6:00 Skee Ball with Caroline 7:00 Movie	10:00 Zumba 30 11:00 Coffee & News 1:30 Bingo Fun 2:30 Crafts with Caroline 2:30 Card Games 2:30 Movie Matinee 4:00 Social 7:00 Movie
9:00 St. Barbara's Mass 31 10:00 Catholic Mass on TV 11:00 Bloody Marys 11:00 Wii Bowling 1:00 Knitting Club 1:30 Scattergories 2:30 Bingo Fun 4:00 Social 7:00 Movie						

Times & Activities are subject to change due to scheduling considerations

Ashley Ledoux, AAP-BC: Activities Director
 Email: adoten@a vivaseniorliving.com